

5



COACHING PROFESSIONAL

The Coaching Professional Level 5 Apprenticeship is a comprehensive training programme that prepares individuals for a career in coaching. This apprenticeship covers a range of topics, including coaching models and frameworks, communication and listening skills, emotional intelligence, goal setting, and leadership.

Upon completion of the apprenticeship, apprentices will have a deep understanding of coaching and will be able to coach individuals and teams in a variety of settings, including business, sports, and personal development. They will also be equipped with the skills and knowledge to establish and manage coaching relationships, apply different coaching techniques, and evaluate the effectiveness of coaching interventions.

As a Coaching Professional, they will have a crucial role in supporting individuals and teams to achieve their goals and fulfil their potential. They will also be able to work independently, manage their own coaching practice, and develop their skills and knowledge to meet the evolving needs of their clients. With these skills, they will be able to progress to more senior roles within their organisation or pursue further training in coaching or leadership.



[click here to apply](#)

[view Apprenticeship Standard](#)



Level 5



£0 to £250

Maximum cost for non-levy employers and micro-businesses



14+ months

Approximate on-programme training (does not include EPA period)



£5,000

Maximum cost/funding for levy employers



Knowledge

- Learning theories and reflective practice
- Emotional and social intelligence
- Diversity and inclusion
- Coaching contracting and recontracting
- Organisational culture and leadership styles
- Coaching theory and protocols
- Communication methods
- Self-awareness theories
- Evaluation
- Legislation
- Coaching models and techniques



Skills

- Theories of learning and reflective practice
- The theories of emotional and social intelligence
- Diversity and inclusion
- Reflective Practice
- Organisational culture
- Coaching models and theory
- Communication and Stakeholders
- Self-Awareness
- Levels of positive psychology
- Visualisation techniques
- Patterns of thinking



Behaviours

- Self-motivation and improvement
- Self-awareness
- Coaching and positive mindset
- Flexibility

ENROLMENT TIMELINE

- 01 Complete the online skills scan
- 02 Accept the Team's invitation to an induction session
- 03 Register in Bud (photo evidence of ID required)
- 04 Complete initial assessments (Functional Skills)
- 05 Attend enrolment session
- 06 Sign enrolment forms

CONGRATULATIONS YOU ARE NOW ON THE PROGRAMME




COACHING PROFESSIONAL ROADMAP

Modules are delivered holistically through-out the programme.

17+ months

14+ months

3+ months

Module 1	Module 2	Module 3	Module 4	Module 5	Module 6	Module 7	Module 8	Module 9	Module 10	Module 11	Module 12	End-Point Assessment	
Apprenticeship Induction	Theories of learning and reflective practice	The theories of emotional and social intelligence	Diversity and inclusion	Reflective Practice	Organisational culture	Coaching models and theory	Communication and Stakeholders	Self Awareness	Levels of positive psychology	Visualisation techniques Patterns of thinking	End-Point Assessment Preparation		
INDUCTION	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass	Online Masterclass		Observation with Q&A
KSBs	KSBs	KSBs	KSBs	KSBs	KSBs	KSBs	KSBs	KSBs	KSBs	KSBs	KSBs	Interview supported by portfolio of evidence	
Preparing for your apprenticeship training	Reflective Practice Learning styles	What is emotional intelligence Unconscious bias Personality types Maslow self-actualisation Herzberg	Diversity and Inclusion and bias theory The theories of emotional and social intelligence	Reflective Practice Johari Window Unconscious competence to conscious competence Types of feedback	Handy's organisational culture Clan, adhocracy, market, hierarchy culture Leadership styles Goleman leadership styles	Solutions focused coaching & skills Performance coaching Methods of goal setting Coaching models Discussion on coaching experience using different theories	Communication methods Active listening & listening levels Berne's transactional analysis Power dynamics Stakeholder Management theory	The Johari Window Learning Styles Reflection Behaviour Styles SWOT Tools to assess self-awareness	Psychological approaches Cognitive behavioural coaching Gestalt Intro to Neuro-linguistic Programming (NLP)	Kline's Thinking Environment	EPA preparation presentation Mock competency interviews Mock personal development discussions	EPA GATEWAY	REMOTE ASSESSMENT Knowledge test
1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review	1-2-1 tutor review		LIVE ASSESSMENT Observation or Interview

Formal review every 8-12 weeks

0 - 6 months Functional Skills based on Prior Qualifications and Assessment results

